



2008-2013 USA
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Thank you for your entry to the 15th Annual Great Northern Boys Invitational!

The Final Schedule of Events is as follows:

Saturday, February 24th, 2018

Session 1 : Levels 6 & 7 (73 gymnasts)

**** Modified Capital Cup Format ****

9:00am	Doors Open / Stretch
9:30	First timed warm up event (12 min)
9:45	Team Introductions and competition
1:20pm	Awards Ceremony

Starting events:

FX – Great Northern, American Gold, Performance Elite
PH – Mtka-Hopkins 7s, TCT, Power&Grace
SR – Mtka-Hopkins 6s, Ruby
V – Legacy, EGA, Kenwood, Emerge
PB – Gleasons MG, Triad, Classic
HB – TAGs, Gleasons Eagan, Red River Valley

Session 2 : Levels 8 – 10 & JD (35 gymnasts)

**** Modified Capital Cup Format ****

2:15pm	Doors Open / Stretch
2:45	First timed warm up event (10 min)
2:55	Team Introductions and competition
5:30	Awards Ceremony

Starting events:

FX – Emerge
PH – Jam Hops, Red River Valley
SR – Midwest, American Gold
V – TCT, TNT
PB – Great Northern, Gleasons MG
HB – EGA, Gleasons Eagan

Sunday, February 25th, 2018

Session 3 : Level 4 (73 gymnasts)

**** Modified Capital Cup Format ****

9:00am	Doors Open / Stretch
9:30	First timed warm up event (10 min)
9:40	Team Introductions and competition
12:10pm	Awards Ceremony

Starting events:

FX – Gleasons MG, TNT, Ruby, Classic
PH – Triad, Gleasons Eagan, Legacy
SR – Great Northern, Jam Hops, Twin Ports
V – Kenwood, TCT, Midwest
PB – North Shore, Mtka-Hopkins, Red River Valley
HB – EGA, TAGs, Northfield, Performance Elite

Session 4 : Level 5 (86 gymnasts)

**** Modified Capital Cup Format ****

1:00pm	Doors Open / Stretch
1:30	First timed warm up event (12 min)
1:45	Team Introductions and competition
5:15	Awards Ceremony

Starting events:

FX – Great Northern, Classic, Twin Ports
PH – TCT, Kenwood, Jam Hops, Performance Elite
SR – Emerge, Gleasons MG, TAGs
V – Gleasons Eagan, TNT, EGA, American Gold
PB – North Shore, Legacy, Ruby
HB – Mtka-Hopkins, Red River Valley, Triad